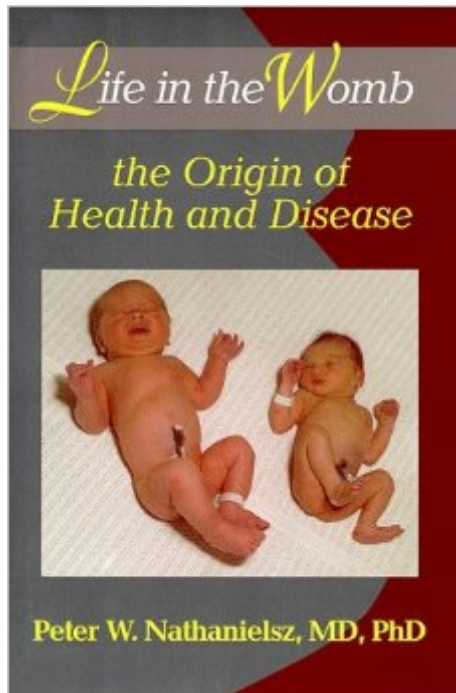


The book was found

Life In The Womb: The Origin Of Health And Disease



Synopsis

A story that will change your ideas about health and disease. Full of revolutionary and iconoclastic ideas impacting all our lives and the lives of generations of children as yet unborn. * How we are ushered into life will affect how we leave it. * Diseases such as diabetes can be passed transgenerationally from mother to daughter and from daughter to granddaughter by nongenetic mechanisms. * The idea that our health is programmed in the womb is supported by life-time health records of babies born at the beginning of this century which show that birthweight is closely linked to health in later life.

Book Information

Hardcover: 363 pages

Publisher: Prometheus Press; 1 edition (January 1999)

Language: English

ISBN-10: 0916859568

ISBN-13: 978-0916859565

Product Dimensions: 9.2 x 6.3 x 1.2 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #1,440,140 in Books (See Top 100 in Books) #69 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Basic Sciences > Embryology](#) #2610 in [Books > Textbooks > Medicine & Health Sciences > Medicine > General](#)

Customer Reviews

Peter Nathanielsz's book is remarkable. It gives us an invaluable insight into all sorts of factors which regulate our general well-being. Presented in language and terms entirely suitable for the general reader, we are given a deep understanding of pregnancy and our future health.

Dr. Nathanielsz collects and discusses a wealth of important information about the effects of gestational environment. For too long, the nature/nurture debate has ignored one of the greatest components of human environment: the womb. This book corrects the misapprehension that congenital problems are the sole result of genes, and explains how the quality of life in the womb has lifelong consequences.

This is one of the most poorly written books I have ever slogged through. Which is a shame,

because the ideas are important and intriguing: epidemiology and animal experiments show that maternal undernourishment changes the pancreas and liver to prepare for a life of famine. Subsequent normal and especially abundant diets then result in late onset diabetes and heart disease. The fetus is also extremely susceptible to damage from alcohol and tobacco. Thus, the way to reduce diseases that are thought to be genetic is by proper maternal nourishment and hygiene. Now that you know what the book has to say, save your money and spend it on other equally interesting but better written books about late-onset disease: *Why Animals Don't Get Heart Disease* by Matthias Rath and any books by Dean Ornish or Robert Pritikin. Nathanielsz ignores pre-natal emotional stress which is touched on in Arthur Janov's works.

overall a good experience the book was in good shape no tares or bends in pages it was as described

[Download to continue reading...](#)

Life in the Womb: The Origin of Health and Disease Essential Kidney Disease Cookbook: 130 Delicious, Kidney-Friendly Meals To Manage Your Kidney Disease (CKD) (The Kidney Diet & Kidney Disease Cookbook Series) Modern Nutrition in Health and Disease (Modern Nutrition in Health & Disease (Shils)) Health Promotion and Disease Prevention in Clinical Practice (Health Promotion & Disease Prevention in Clin Practice) Outsourcing the Womb: Race, Class and Gestational Surrogacy in a Global Market (Framing 21st Century Social Issues) Chronic Kidney Disease, Dialysis, and Transplantation: A Companion to Brenner and Rector's The Kidney - Expert Consult: Online and Print, 3e (Pereira, ... Disease, Dialysis, and Transplantation) Skin Disease: Diagnosis and Treatment, 3e (Skin Disease: Diagnosis and Treatment (Habif)) Occupational and Environmental Health: Recognizing and Preventing Disease and Injury (Levy, Occupational and Environmental Health) The End of Heart Disease: The Eat to Live Plan to Prevent and Reverse Heart Disease The Low-FODMAP Diet Cookbook: 150 Simple, Flavorful, Gut-Friendly Recipes to Ease the Symptoms of IBS, Celiac Disease, Crohn's Disease, Ulcerative Colitis, and Other Digestive Disorders Pathophysiology of Heart Disease: A Collaborative Project of Medical Students and Faculty (PATHOPHYSIOLOGY OF HEART DISEASE (LILLY)) The Making of a Tropical Disease: A Short History of Malaria (Johns Hopkins Biographies of Disease) The Chicken Health Handbook, 2nd Edition: A Complete Guide to Maximizing Flock Health and Dealing with Disease The 36-Hour Day, fourth edition, large print: The 36-Hour Day: A Family Guide to Caring for People with Alzheimer Disease, Other Dementias, and Memory ... Life (A Johns Hopkins Press Health Book) Darwin's Doubt: The Explosive Origin of Animal Life and the Case for Intelligent Design

Occupational and Environmental Health: Recognizing and Preventing Disease and Injury Eat to Live
Cookbook: 200 Delicious Nutrient-Rich Recipes for Fast and Sustained Weight Loss, Reversing
Disease, and Lifelong Health The Doctor's Guide to Gastrointestinal Health: Preventing and
Treating Acid Reflux, Ulcers, Irritable Bowel Syndrome, Diverticulitis, Celiac Disease, ...
Pancreatitis, Cirrhosis, Hernias and more Health and Social Justice: Politics, Ideology, and Inequity
in the Distribution of Disease Origin, Perception and Correction of Color: An Essential Guide to
Color Theory for Artists and Photographers

[Dmca](#)